

# Elite Senior Home Care, LLC

## Service Menu

### Home Health Aide (HHA) Personal Care Services

- Bathing /Dressing/Grooming/Oral Care
- Assistance to Bathroom
- Skin care
- Assisting with mobility & Exercise programs
- Meal preparation, Feeding
- Assistance with lifting, transferring, positioning
- Respite for family members
- Supervision / Care in the hospital & Facilities

### Companion/Social Visits

- Companionship & Conversation
- Reading, Sort and/or Read Mail
- Mind Stimulation Games
- Assist with Entertainment
- Answer Telephone/Review Telephone Messages
- Mail Bills & Letters
- Maintain Client Calendar
- Plan Visits, Outings & Trips
- Visit Neighbors, Friends, Family
- Reminisce about the Past
- Discuss Current & Historical Events
- Assist with Computer/Internet/e-mail use
- Participate in Crafts/Games/Cards

### Senior Care

- Long Term Care arrangement
- Medication Management
- Education & Advocacy
- Assistance with moving into retirement facilities, assisted living and nursing facilities

### Special Care Needs

- Dementia/Alzheimer Care
- End of Life Care
- And More!

### Meal Planning/Preparation

- Meal Planning and/or Meal Preparation
- Preparation of Future Meals
- Prepare Grocery List
- Clip Coupons for Shopping
- Monitor Food Freshness & Expirations
- Monitor Diet & Eating Habits

### Reminder/Telephone Reassurance Services

- Appointment Reminders
- Medication Reminders
- Birthday/Anniversary Reminders
- Religious Reading & Reminders
- Telephone Reassurance for Socialization
- Telephone Reassurance to Monitor Safety

### Transportation/Errand Services

- Arrange Appointments
- Pick Up Prescriptions
- General and Grocery Shopping
- Escort to Appointments
- Attend Lectures, Plays, Concerts
- Attend Religious Services
- Incidental Transportation

### Cleaning/Chore Services

- Light Housekeeping
- Laundry/Ironing
- Wash Dishes
- Take Out Garbage
- Change Linens & Make Beds
- Vacuuming, Dust & Polish Furnishings
- Organize/Clean Closets & Pantries
- Clean Kitchen Cupboards/Appliances
- Care of House Plants
- Assist with Lawn/Garden Care
- Assist with Pet Care

**Call Elite Today:**

**1-561-853-7856**

**1-561-570-6613**